WALK WITH PEACE USA 2025

San Francisco to San Diego to Dallas to Chicago to Washington Dc

26th of Jan to 18th of August 2025

4000 miles (6500km) 9 Million Steps

Jai Jagat !!! (Victory for the Planet)

On January 26, 2025, I (Nitin Sonawane) will begin a 205-day Walking with Peace, starting from the Gandhi Statue in San Francisco by walk

- This journey will take me across the USA, passing through cities like:
 - o San Diego
 - o Dallas
 - o Chicago
 - o Washington, D.C.
- Duration: 205 days, culminating on August 18, 2025.
- Distance: More than **4,000 miles by walk** (~9 million steps).
- Coverage:
 - o 19 states
 - o 26 major cities

In Washington, D.C., I hope to meet the President of the United States of America to share a message of humanity that I have experienced across the world. After this, I will embark on my next walk in **Russia**.

Why This Walk Matters

In these challenging times, marked by global insecurity, I feel a deep calling to:

- 1. Walk through countries such as the USA, Russia, China, Iran, and Israel.
- 2. Carry a pure intention of peace.
- 3. Touch hearts of people and also those in positions of power.
- 4. Inspire a shift toward harmony and nonviolence.

Who Am I?

I am **Nitin Sonawane**, a 33-year-old engineer and the Gandhi Peace Walker from India—a land of Buddha and Gandhi, who taught the world about unity, nonviolence, and peace.

My Journey So Far:

• Mission: Seek truth, spread nonviolence, and inspire youth worldwide.

• Achievements:

- Started this journey in November 2016.
- o Walked approximately **20,000 km**.
- o Cycled an additional **20,000 km**.
- Traversed **51 countries** across five continents, including:
 - Asia
 - North and South America
 - Africa
 - Europe
 - Central Asia
 - The Middle East

My Beliefs

1. Peace and Humanity:

- o Peace and belief in Humanity is greatest teachings from my journey.
- Positive message of Mahatma Gandhi and Buddha.

2. Equality:

 A world free from discrimination based on race, nationality, gender, caste, or language.

3. Nonviolence Against Animals and Nature:

- o All life is equal.
- o Advocate for sustainable living and compassion for all beings.

What I Will Do on This Journey

1. Engage Communities:

- Meet people along the way—on roads, in organizations, and within communities.
- o Invite them to join me, even for a few steps, in this movement for peace.

2. **Inspire Youth**:

- Visit schools, colleges, and universities to:
 - Share experiences.
 - Spread the message of nonviolence.

3. Media Outreach:

- o Regular updates through:
 - Website
 - Social media
 - YouTube channel
- o Ensure the message of the Gandhi Peace Walk reaches a global audience.

Your Support Makes a Difference

This walk is made possible by the belief and support of countless individuals—both known and unknown—who share the dream of a peaceful world. USA Peace walk is also supported by Two Brothers Organic farm India and Netenrich Company USA.

Walking with hope for global harmony, I take this step forward, trusting in your kind support to make it impactful.

Ways to Support:

- Join the walk for a few steps or miles.
- Host me during my journey.
- Amplify my message through your networks.
- Donate to sustain the mission.

Together, let us walk toward a world where peace prevails.

With Gratitude

Nitin Sonawane (Slowman Nitin)

Gandhi Peace Walker

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Facebook - https://www.facebook.com/nitin.sonawane.338/

Instagram - @SlowMan_Nitin

Walking With Peace USA - 2025 Route Map

Some	hio	cities	Ωn	Way
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- 1. San Francisco (CA), 26 jan
- 2. San Jose (CA), 29 jan
- 3. Fresno (CA), 8 Feb
- 4. Bakersfield (CA), 14th feb
- 5. Los Angeles (CA), 21 feb
- 6. San Diego (CA), 5 march
- 7. Phoenix (AZ), 25th March

- 8. Gilbert (AZ), 29 march
- 9. Santa Fe (NM), 19 April
- 10. Amarillo (TX), 1 May
- 11. Elk city (TX), 8 May
- 12. Oklahoma City 13 may
- 13. Dallas (TX), 24 May
- 14. Saratoga (NY), 6 Jan
- 15. Memphis (TN), 18 Jan

- 16. Nashvil 26 Jan
- 17. Louisville (KY), 4 July
- 18. Indianapolis (IN), 19 July
- 19. Chicago (IL), 16 July
- 20. Columbus (OH), 30 July
- 21. Pittsburgh (PA), 7 August
- 22. Washington (D.C.). 18 August

Day By Day Route

Day 1 (26 Jan 2025): San Francisco (Gandhi Statue) to San Mateo -38km

Day 2 (27 Jan 2025): San Mateo to Palo Alto -30km

Day 3 (28 Jan 2025): Palo Alto to Santa Clara -20km

Day 4 (29 Jan 2025): Santa Clara to San Jose -35km

Day 5 (30 Jan 2025): San Jose to Morgan Hill -30km

Day 6 (31 Jan 2025): Morgan Hill to Gilroy -25km

Day 7 (1 Feb 2025): Gilroy to Hollister - 30km Day 8 (2 Feb 2025): Hollister to Bear Valley School 45km

Day 9 (3 Feb 2025): Bear Valley School to Lonoak - 40km

Day 10 (4 Feb 2025): Lonoak to (36.15545, -120.63732) - 40km

Day 11 (5 Feb 2025): 36.15545, -120.63732 to Coalinga- 33km

Day 12 (6 Feb 2025): Coalinga to Five Points -45km

Day 13 (7 Feb 2025): Five Points to Raisin City 35km

Day 14 (8 Feb 2025): Raisin City to Fresno 30km Day 15 (9 Feb 2025): Rest day in Fresno

Day 16 (10 Feb 2025): Fresno to Selma - 35km

Day 17 (11 Feb 2025): Selma to Visalia 50km

Day 18 (12 Feb 2025): Visalia to Porterville 50km

Day 19 (13 Feb 2025): Porterville to Jasmin 40km

Day 20 (14 Feb 2025): Jasmin to Bakersfield 50km

Day 21 (15 Feb 2025): Bakersfield rest day

Day 22 (16 Feb 2025): Bakersfield to Arvin - 35k

Day 23 (17 Feb 2025):

Arvin to (34.92438, - 118.83758) 40km Day 24 (18 Feb 2025): (34.92438, -118.83758) To Tumble Inn 45km	Day 37 (3 March 2025): Dana Point to Carlsbad 52km	Day 51 (17 March 2025): (33.2884351, -114.7613084) to Blythe 50km
Day 25 (19 Feb 2025): Tumble Inn to Martins - 28km	Day 38 (4 March 2025): Carlsbad to Torrey Pines 35km	Day 52 (18 March 2025): Blythe to Poston Community Church 50km
Day 26 (20 Feb 2025): Martins to Santa Clarita 35km	Day 39 (5 March 2025): Torrey Pines to San Diego 25km	Day 53 (19 March 2025): Poston Community Church to Parker 30km
Day 27 (21 Feb 2025): Santa Clarita to Valley Sikh Temple 35km	Day 40 (6 March 2025): Rest day San Diego	Day 54 (20 March 2025): Parker to Bouse 42km
Day 28 (22 Feb 2025): Valley Sikh Temple to	Day 41 (7 March 2025): San Diego	Day 55 (21 March 2025): Bouse to Salome 50km
SRF Lake Shrine (email for reservation) 30km	Day 42 (8 March 2025): San Diego	Day 56 (22 March 2025): Salome to Aguila 45km
Day 29 (23 Feb 2025): SRF Lake Shrine to	Day 43 (9 March 2025): San Diego to Blossom	Day 57 (23 March 2025): Aguila to Wickenburg 50km
Nipponzan Temple 35km Day 30 (24 Feb 2025):	Valley 37km	Day 58 (24 March 2025): Wickenburg to Surprise
Nipponzan Temple to las Angles downtown 20km	Day 44 (10 March 2025): Blossom Valley to Ramona 36km	54km Day 59 (25 March 2025):
Day 31 (25 Feb 2025): LA rest day	Day 45 (11 March 2025): Ramona to Banner 45km	Surprise to Phoenix 40km Day 60 (26 March 2025):
Day 32 (26 Feb 2025): LA to sant Nirankari	Day 46 (12 March 2025):	Phoenix rest day
mission nework 30km Day 33 (27 Feb 2025):	Banner to Ocotillo Wells 45km	Day 61 (27 March 2025): Phoenix rest day
sant Nirankari mission to Buena Park Gurudwara 15km	Day 47 (13 March 2025): Ocotillo Wells to Elmore Desert Ranch 35km	Day 62 (28 March 2025): Phoenix rest day
Day 34 (28 Feb 2025): Buena Park Gurudwara to	Day 48 (14 March 2025): Elmore Desert Ranch to	Day 63 (29 March 2025): Phoenix to Gilbert 36km
Santa Ana 25km Day 35 (1 March 2025):	Brawley 36km Day 49 (15 March 2025):	Day 64 (30 March 2025): Gilbert to San Tan Valley 40km
Santa Ana to Newport Beach 25km	Brawley to Glamis 45km Day 50 (16 March 2025):	Day 65 (31 March 2025): San Tan Valley to Hewitt
Day 36 (2 March 2025): Newport Beach to Dana Point 40km	Glamis to (33.2884351, - 114.7613084) 50km	Station 45km Day 66 (1 April 2025):

Hewitt Station to Top-Of-	Magdalena Fault Official	
The-World 35km	to (34.3120623, -	Day 93 (28 April 2025):
Day 67 (2 April 2025):	106.9625195) 42km	Clovis to Bovina 40km
Top-Of-The-World to		Day 94 (29 April 2025):
Globe 30km		Bovina to Hereford 60km
Day 68 (3 April 2025):	Day 80 (15 April 2025):	Day 95 (30 April 2025):
Globe to Jackson Butte Recreation Area 35km	(34.3120623, -106.9625195) to Belen 50km	Hereford to Canyon 50km
	VO 201011 C 011111	Day 96 (1 May 2025):
Day 69 (4 April 2025):	Day 81 (16 April 2025):	Canyon to Amarillo 30km
Jackson Butte Recreation Area to Becker Butte	Belen to Albuquerque 50km	Day 97 (2 May 2025):
Lookout 36km	SUKIII	Amarillo rest day
	Day 82 (17 April 2025):	,
Day 70 (5 April 2025):	Albuquerque rest day	Day 98 (3 May 2025):
Becker Butte Lookout to Creek Dance Grounds	Day 83 (18 April 2025):	Amarillo to Panhandle 45km
(South) 30km	Albuquerque to Kewa	43KIII
(2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 -	Pueblo 60km	Day 99 (4 May 2025):
Day 71 (6 April 2025):		Panhandle to Pampa
Creek Dance Grounds (South) to Indian Pine	Day 84 (19 April 2025): Kewa Pueblo to Santa Fe	45km
54km	56km	Day 100 (5 May 2025):
		Pampa to Mobeetie 50km
	Day 85 (20 April 2025):	
Day 72 (7 April 2025): Indian Pine to Eagar	Santa Fe rest day	Day 101 (6 May 2025):
62km	Day 86 (21 April 2025):	Mobeetie to Sweetwater
	Santa Fe to Hidden Art	50km
Day 73 (8 April 2025):	60km	D 400 (F.) F 400F)
Eagar rest day	Day 87 (22 April 2025):	Day 102 (7 May 2025): Sweetwater to Elk City
Day 74 (9 April 2025):	Hidden Art to	50km
Eagar to Red Hill 45km	(34.8305541, -105.5787232)	
D 75 (10 A 11.2025)	50km	Day 103 (8 May 2025):
Day 75 (10 April 2025): Red Hill to Quemado	Day 88 (23 April 2025):	Elk City rest day
42km	(34.8305541, -105.5787232)	Day 104 (9 May 2025):
	to Vaughn 50km	Elk City to Clinton 50km
Day 76 (11 April 2025):	D 90 (24 A 11 2025)	D 105 (10 M 2025)
Quemado to Sawtooth Mountains 50km	Day 89 (24 April 2025): Vaughn to Yeso US 60	Day 105 (10 May 2025): Clinton to (35.4207204, -
Widultains Sokiii	Picnic Area 50km	98.5878590) 45km
Day 77 (12 April 2025):		,
Sawtooth Mountains to	Day 90 (25 April 2025):	Day 106 (11 May 2025):
(34.0971649, -107.5411712) 50km	Yeso US 60 Picnic Area to Fort Sumner 50km	(35.4207204, -98.5878590) to Cogar 51km
CAMI	2 OI Comme Comm	10 Coent o Imii
Day 78 (13 April 2025):	Day 91 (26 April 2025):	Day 107 (12 May 2025):
(34.0971649, -107.5411712)	Fort Sumner to Melrose	Cogar to Mustang 41km
to Magdalena Fault Official 50km	60km	Day 108 (13 May 2025):
Cincin Comi	Day 92 (27 April 2025):	Mustang to Oklahoma
Day 79 (14 April 2025):	Melrose to Clovis 42km	City 25km

Day 109 (14 May 2025):	Day 126 (31 May 2025): Rowlett to Caddo Mills	Little Rock to Carlisle 55km
Oklahoma City rest day	45km	Day 141 (15 June 2025):
Day 110 (15 May 2025):		Carlisle to Brinkley 56km
Oklahoma City rest day	D 405 (4 7 0005)	D 440 (46 T 2025)
Day 111 (16 May 2025): Oklahoma City rest day	Day 127 (1 June 2025): Caddo Mills to Klondike 45km	Day 142 (16 June 2025): Brinkley to Forrest City 40km
Day 112 (17 May 2025):	Dog 128 (2 Irong 2025).	Dov. 142 (17 Ivano 2025).
Oklahoma City to Norman 31km	Day 128 (2 June 2025): Klondike to Clarksville 50km	Day 143 (17 June 2025): Forrest City to Jennette 45km
Day 113 (18 May 2025):		
Norman to Purcell 35km	Day 129 (3 June 2025): Clarksville to New Boston	Day 144 (18 June 2025): Jennette to Memphis
Day 114 (19 May 2025): Purcell to Stratford 55km	65km	40km
	Day 130 (4 June 2025):	Day 145 (19 June 2025):
Day 115 (20 May 2025): Stratford to Mill Creek	New Boston to Texarkana 50km	Memphis rest day
54km	- 424 (# T - 202#)	Day 146 (20 June 2025):
Day 116 (21 May 2025).	Day 131 (5 June 2025):	Memphis to Arlington 45km
Day 116 (21 May 2025): Mill Creek to Madill 45km	Texarkana rest day	
Day 117 (22 May 2025):	Day 132 (6 June 2025): Texarkana to Saratoga	Day 147 (21 June 2025): Arlington to Brownsville
Madill to Cartwright	51km	55km
54km	Day 133 (7 June 2025):	Day 148 (22 June 2025):
	Saratoga to Murfreesboro	Brownsville to
Day 118 (23 May 2025): Cartwright to Dorchester	50km	Jackson(TN) 50km
45km	Day 134 (8 June 2025):	Day 149 (23 June 2025):
iemii	Murfreesboro to	Jackson to Callahan Field
Day 119 (24 May 2025):	Bonnerdale 50km	45km
Dorchester to Frisco 50km		
D 400 (45.15 4005)	Day 135 (9 June 2025):	Day 150 (24 June 2025):
Day 120 (25 May 2025): Frisco to Addison 25km	Bonnerdale to Hot Springs 35km	Callahan Field to
Frisco to Addison 25km	35KIII	Tennessee City 45km
Day 121 (26 May 2025):	Day 136 (10 June 2025):	Day 151 (25 June 2025):
Addison to Dallas 25km	Hot Springs to Benton 50km	Tennessee City to Kingston Springs 45km
Day 122 (27 May 2025):		
Dallas rest day	Day 137 (11 June 2025): Benton to Little Rock	Day 152 (26 June 2025): Kingston Springs to
Day 123 (28 May 2025): Dallas rest day	35km	Nashville 40km
-	Day 138 (12 June 2025):	Day 153 (27 June 2025):
Day 124 (29 May 2025): Dallas rest day	Little Rock rest day	Nashville rest day
	Day 139 (13 June 2025):	Day 154 (28 June 2025):
Day 125 (30 May 2025): Dallas to Rowlett 30km	Little Rock rest day	Nashville to White House 45km
	Day 140 (14 June 2025):	

Dov. 155 (20 June 2025).	I shaman Ta I afamatta	Don 192 (27 Inda 2025).
Day 155 (29 June 2025): White House to South	Lebanon To Lafayette 55km	Day 183 (27 July 2025): Decatur to St Marys 60km
Union 50km	SSMII	Decatur to St Marys Jokin
	Day 169 (13 July 2025):	Day 184 (28 July 2025):
	Lafayette to Fowler 50km	St Marys to Lewistown 52
		km
Day 156 (30 June 2025):	D 150 (14 I I 2025)	D 105 (20 I I 2025)
South Union to Bowling Green 25km	Day 170 (14 July 2025): Fowler to Morocco 50km	Day 185 (29 July 2025): Lewistown to Marysville
Green 25km	rowler to Morocco Sokin	55km
Day 157 (1 July 2025):	Day 171 (15 July 2025):	20Mil
Bowling Green to Bee	Morocco to Grant Park	Day 186 (30 July 2025):
Spring 55km	50km	Marysville to Columbus
		50km
Day 158 (2 July 2025):	Day 172 (16 July 2025):	D 405 (24 X 1 4045)
Bee Spring to (37.6204035,	Grant Park to Chicago	Day 187 (31 July 2025):
-86.1878685) 45km	Heights 35km	Columbus rest day
Day 159 (3 July 2025):	Day 173 (17 July 2025):	Day 188 (1 August 2025):
(37.6204035, -86.1878685)	Chicago Heights to	Columbus to Buckeye
to Muldraugh 50km	Chicago 45k	Lake 50km
Day 160 (4 July 2025):	Day 174 (18 July 2025):	Day 189 (2 August 2025):
Muldraugh to Louisville. 45km	Chicago rest day	Buckeye Lake to Zanesville 43km
43KIII	Day 175 (19 July 2025):	Zanesvine 43km
Day 161 (5 July 2025):	Chicago rest day	Day 190 (3 August 2025):
Louisville rest day	-	Zanesville to Kimbolton
·	Day 176 (20 July 2025):	55km
	Chicago to East Chicago	Day 191 (4 August 2025):
Day 162 (6 July 2025):	35km	Kimbolton to Deersville
Louisville to Scottsburg 55km	Dov. 177 (21 July 2025).	50km
35KIII	Day 177 (21 July 2025): East Chicago to Westville	Day 192 (5 August 2025): Deersville to Steubenville
Day 163 (7 July 2025):	55km	60km
Scottsburg to North		001111
Vernon 50km	Day 178 (22 July 2025):	Day 193 (6 August 2025):
	Westville to Donaldson	Steubenville to Imperial
Day 164 (8 July 2025):	51km	45km
North Vernon to Taylorsville 55km	Doy 170 (22 July 2025).	Day 194 (7 August 2025):
Taylorsville 55kili	Day 179 (23 July 2025): Donaldson to Warsaw	Imperial to Pittsburgh
Day 165 (9 July 2025):	55km	30km
Taylorsville to		
Indianapolis 60km	Day 180 (24 July 2025):	Day 195 (8 August 2025):
	Warsaw to Coesse 43km	Pittsburgh rest day
Day 166 (10 July 2025):	Dov. 191 (25 July 2025).	Day 106 (0 Assessed 2025).
Indianapolis rest day	Day 181 (25 July 2025): Coesse to Fort Wayne	Day 196 (9 August 2025): Pittsburgh to Coal Center
Day 167 (11 July 2025):	25km	55km
Indianapolis to Lebanon		
45km	Day 182 (26 July 2025):	Day 197 (10 August 2025):
	Fort Wayne to Decatur	Coal Center to
Day 168 (12 July 2025):	35km	Farmington 60km

Day 198 (11 August 2025): Farmington to Grantsville 45km

Day 199 (12 August 2025): Grantsville to Keyser 50km Day 200 (13 August 2025): Keyser to Hanging Rock 55km

Day 201 (14 August 2025): Hanging Rock to Winchester 50km

Day 202 (15 August 2025): Winchester rest day

Day 203 (16 August 2025): Winchester to Purcellville 50km

Day 204 (17 August 2025): Purcellville to Chantilly 50km

Day 205 (18 August 2025): Chantilly to white house Washington DC 40km End peace walk after 205 My Journey



Natchez USA 2018

Dublin Ireland High school 2020



Japan 2017 Tokyo to Hiroshima Walk

FOR 'NUCLEAR ARMS-FREE WORLD'

Pune engineer on 'Shanti Padyatra' around the world

EXPRESS NEWS SERVICE PUNE, JULY 23

TO SPREAD the message of 'Nuclear arms-free world', Pune engineer Nitri Sonawane (26) is currently in Japan on a 'Shanti Padyatra', which will reach Hiroshima and Nagasaki on August 6 and 9, respectively.

The yatra began in Tokyo on June 11, where Sonawane walked for almost six hours everyday, covering nearly 25 kms daily. So far, he has covered Tokyo, Nagano, Aichi, Nagiya, Shiga, Kyoto, Osaka, Hyogo and Okayama.

The yatra is part of a World Peace and Friendship Movement (WPFM), initiated by Mahatma Gandhi Smarak Nidhi. The WPFM kickstarted on November 16, 2016. Sonawane and his friend Ajay Hapse had embarked on the journey on their bicycles, covering whole of Asia, through Canada, US, Latin America to Europe, Africa and Middle East. The journey began from Sevagram, a village in Maharahstra where Mahatma Gandhi had resided from 1936 till his death in 1948.

The movement will end in Pakistan on October 2, 2019, which happens to be the 150th birth anniversary of Mahatma Gandhi. "It's an effort to contribute towards national integration," said Sonawane, who hails from Rashin village of Karjat Taluka, Ahmednagar. While



The movement will end in Pakistan on October 2,2019, which is also the 150th birth anniversary of Mahatma Gandhi. Express

Hapse returned to India after travelling upto Cambodia, Sonawane will finish the tour. So far, he has covered India, Thailand, Cambodia, Vietnam, China and Hong Kong.

After finishing his engineering degree from Sinhagad
Institute of Technology,
Kondhwa, in 2013, Sonawane
worked for six months in a private company. However, soon he
quit, as he felt "something was
amiss".

"I wanted to understand the purpose of life. As people move throughout the world and learn to know and appreciate each other and different customs, we build an international understanding which can sharply improve the atmosphere for world

peace," he said. In order

In order to support Sonawane's efforts, aShanti Pad Yatra is also being organised by WPFM and Yuvak Kranti Dal in Pune on August 6, which will start at Senapati Bapat Statue (Alka Talkies Chowk) at 11 am and will end at Sambhaji Maharai Carden.

Maharaj Garden.
"I have been living with a bicycle, a bag and a tentfor the several months. Despite the limited
belongings, my faith and confidence in humanity and brotherhood has increased multifold. In
the last eight months, there hasn't been a day when I have slept
on an empty stomach," said
Sonawane, adding that several
strangers have happily helped
him throughout the journey.

Indian Express News In India 2017



South Africa to Egypt Peace walk 2019, South Africa, Zimbabwe, Zambia, Tanzania, Rwanda, Uganda, Kenya, Ethiopia, Sudan and Egypt. 11 months Peace journey along with Japanese Buddhist Monk Ikeda Shonin.



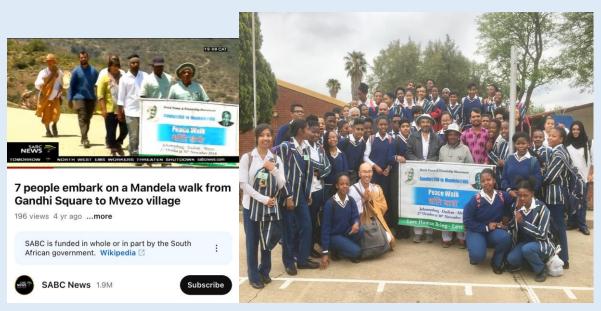
Karachi Pakistan Peace Journey 2022 Nitin Sonawane, Yogesh Maturia, Jalandharnath Channole





Afghanistan Peace walk 2021

Uzbekistan Peace Walk Article



1400km South Africa Gandhi Mandela Peace walk 2018, 7 International members join this Peace walk.